

# Saint Nicholas Romanian Orthodox Church Shrewsbury Massachusetts

Biserica Ortodoxă Română Sfântul Nicolae Shrewsbury Massachusetts

34 Gold Street, Shrewsbury, MA, 01545

## **Parish Priest Vasile Aileni**

http://www.stnicholaschurch.org/|| tell (508) 320 0645



WEEKLY BULLETIN
Sunday October 20, 2024



# This Week's News

MUSTARD SEED MEAL - Looking ahead - our next meal for the Mustard Seed is scheduled for Friday, October 18<sup>th</sup>This is a beautiful way to honor the life of a loved one who has fallen asleep. If you have it in your heart to contribute, please contact Betty Anderson (508) 353-9449.

HOLY TRINITY - Annual Meeting of the General Assembly, originally scheduled for Wednesday, September 25, 2024, has been cancelled due to the inability to confirm a quorum. As permitted by the corporation's Bylaws, a special General Assembly meeting is now scheduled for Monday, November 4, 2024, at 6:00 pm.

#### **SAVE THE DATE**

# NOVEMBER 10, AFTER DIVINE LITURGY -

LUNCHEON before the Christmas lent begines. We will have pasta with meatballs and stuffed cabbage leaves, salad and rolls and for dessert, cannoli. Adults \$20, children meals are \$5.

# BAKE SALE AND HOLIDAY CRAFT MARKET

- NOVEMBER 23<sup>rd</sup> - We will have pies, scones, sweet bread, biscuits, pitas, everything to get you ready for Thanksgiving and Christmas. There will also be vendors with different things to sell, raffle baskets and if you are hungry, you can get a slice of spanakopita, a bowl of bean soup or chicken noodle soup. You can also take them to go.

Please see flyers below.



The Twenty-Third Sunday after Pentecost
Apostolic Reading: Ephesians 2:4-10
Gospel: Luke 8:26-39
(Jesus Heals the Gerasene Demoniac)
Tone 8 † Resurrection Gospel 6

### RESURRECTIONAL APOLYTIKION

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

#### APOLYTIKION OF ST. ARTEMIUS

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by his prayers, save our souls, since Thou art merciful.

### **ORDINARY KONTAKION**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.



"Imagination is the chief instrument of the devil's work against the soul, whether awake or asleep; through it the devils harass man, seeking not only to push him into sin, or to awaken and inflame his passions, but also to fill him with confusion in various guises, awakening in him above all sadness, restlessness and worry, deceiving him and making him wander due to hallucinations, even ending up enslaving him completely."

Jean-Claude Larchet

# Happy Birthday! God Grant You Many More Years!

October 06 – Remus Ionete October 16 - Tyler Michael Maynard

# Let us Pray for the good health of:

Elizabeth, Rooney, Ekaterina, Psa Ileana, Psa Camelia, Anca, John, Luiza, Margareta, Marius-Nicolae, Viorica, Loredana-Anca, Teodora, Joanne, Deborah-Ann, Fr. Stefan and his son Andrei, Elena, for their helath and for their salvation! Amin!

### Dates to remember:

October 01 - (†) Holy Protection of the Theotokos

October 14 - †) St. Parascheva from Iasi

**October 26 -** (†) The Holy Great Martyr Demetrius the Myrrh-streamer

October 27 - †) St. Dimitrie the New, the protector of Bucharest.

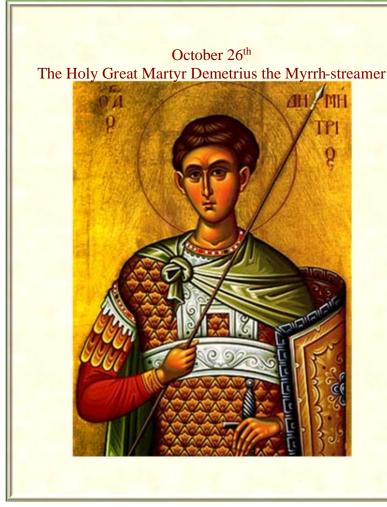
# A Prayer of Fr. Laurence

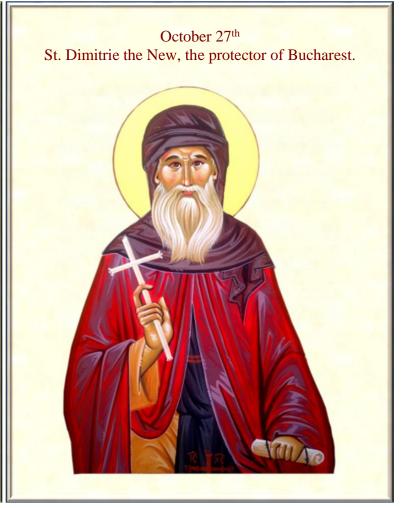
LET US PRAY TO THE LORD! O you who are the source of all power and authority, eternal Father: You yourself have given the throne over all things to your Christ, and to him we have pledged our lives. In your divine loving kindness, strip us of everything that is ours and fill us with what is yours that we may rise to genuine transcendence by winning access to our own true selves. By the grace and mercies and love for us of your only Son, with whom you are blest, together with your all-holy, good, and life-giving Spirit: now and forever, and unto ages of ages. Amen!

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# LITURGICAL SCHEDULE

Day	Date	Time	Service Type
October			
Monday	1-Oct	7:30	Matins
		8:00	(†) The Feast of the Holy Skepi of the Theotokos
Sunday	6-Oct	9:00	Matins
		10:00	The Twenteeth Sunday after Pentecost "Jesus Raises the Son of the Widow of Nain"
Sunday	13-Oct	9:00	Matins
		10:00	The Twenty First Sunday after Pentecost - "(Parable of the Sower and the Seed"). The Sunday of the Fathers of the 7th Ecumenical Council
Monday	14-Oct	7:30	Matins
		8:00	(†) St. Parascheva from Iasi.
Sunday	20-Oct	9:00	Matins
		10:00	The Twentythrd Sunday after Pentecost - "Jesus Heals the Gerasene Demoniac".
Wednesday	23-Oct	9:30	Divine Liturgy at "Holy Trinity" Nursing and Rehabilitation Centre
Sunday	27-Oct	9:00	Matins
		10:00	The Twentyfourth Sunday after Pentecost - ( Jesus Heals the Woman & Raises Jairus's Daughter); †) St. Dimitrie the New, the protector of Bucharest.
Thursday	31-Oct	18:00	"All Saints Feast" Akatist. Games, movie, sweets and a lot of fun for our children.





# **CHURCH & FACILITY NEEDS**

The list below contains **ongoing needs for the Church as well as special needs that may arise.** Any and every offering is most appreciated. If you have any questions, or would like to donate for or towards one of these items, please speak with <u>Fr. Vasile</u>, any member of the Parish Council, or use the <u>online giving</u> site.

\$25 - Box of Three Kings Charcoal (100 pieces) \$100 - Beeswax Candles for the Holy Altar \$200 - Sacramental vine \$100 - Olive oil for candles

Programul educațional Cercetându-ți Credința pentru anul 2024-25

În **PRIMA JOI** a fiecărei luni, **Pr. Dr. John Downie** de la parohia Sf. Mihail din Southbridge MA va susține un program de **STUDIU BIBLIC** în **LIMBA ENGLEZĂ despre Sf. Evanghelie de la Luca.** Lecția de studiu biblic se va desfășura pe portalul de

**ZOOM**: <a href="https://us02web.zoom.us/j/3570604649?pwd=PB7HbdnWC5C7IemcaOAxOqPbDgD6FU.1&omn=89395428414">https://us02web.zoom.us/j/3570604649?pwd=PB7HbdnWC5C7IemcaOAxOqPbDgD6FU.1&omn=89395428414</a>

În **a DOUA JOI** a fiecărei luni, *în perioada septembrie – decembrie 2024*, mai mulți preoți ai Mitropoliei vor susține seri de catehism pe tema Anului omagial 2024 dedicat *Pastorației persoanelor bolnave*. Din ianuarie 2025, vom avea o serie de lecții de catehism pe tema *Istoria Bisericii Ortodoxe Române* cu ocazia Anului omagial al Centenarului Patriarhiei BOR, pe portalul de

ZOOM <a href="https://us06web.zoom.us/j/81905363350?pwd=pklzFyNUy2GqZnGRxExRy0lAUdZP1P.1">https://us06web.zoom.us/j/81905363350?pwd=pklzFyNUy2GqZnGRxExRy0lAUdZP1P.1</a>

În a TREIA JOI a fiecărei luni, *P. Cuv. Protosinghel Ieremia Berbec*, starețul Mănăstirii Sfântul Dimitrie cel Nou din Middletown, NY, susține o SEARĂ DUHOVNICEASCĂ cu tema "Hristos în istorie" pe portalul YOUTUBE: <a href="https://www.youtube.com/watch?v=rLnwBDnhsL0">https://www.youtube.com/watch?v=rLnwBDnhsL0</a>

În a PATRA JOI a fiecărei luni, *Prof. Dr. Gheorghe Butuc* de la Seminarul Teologic Sf. Andrei din Galați va susține un program de STUDIU BIBLIC în LIMBA ROMÂNĂ la Sfânta Evanghelie de la Marcu pe portalul de ZOOM: https://us06web.zoom.us/j/81905363350?pwd=pkIzFyNUy2GqZnGRxExRy0lAUdZP1P.1







THE COUNCIL OF EASTERN ORTHODOX CHURCHES OF CENTRAL MASSACHUSETTS

# **INVITES YOU TO**

# Casting a Net Making Disciples of All Nations

# Saturday, November 2nd, 2024

Reception at 5:00pm, dinner and program to follow ending at 8:00pm

# St. Spryridon Greek Orthodox Cathedral

102 Russell Street, Worcester MA 01609



# With His Grace Bishop Neofitos of Kenya and OCMC Grants & Projects Manager, Santhe Loizos



Learn about OCMC's Kenya initiatives including
Theological Education that is training new
priests, self-sustainability projects that are
empowering the Church through income
generation, evangelism amongst people in new
places, and our global Grants Program.



# \$15 for Adults and \$10 for Students

Adult price increases to \$20 after 10/27. Register online or by scanning the QR code or visiting the link below. Donations are also welcomed if you cannot attend!

www.ocmc.org/WorcesterDinner







Call 508-873-9836 or email savvas@ourmanor.com for more info

# HOLY TRINITY NEWS October 20, 2024

# THIS WEEK AT HOLY TRINITY

Sunday: Football Sunday NE Patriots v Jacksonville 1pm

Monday: Paws for People Maui visit 10am, Jeopardy and Wii Bowling 2:15pm Tuesday: Isabella Gardner Art Heist- Art Fun 10:30a, Fit USA 2pm, Family Feud

and Wine Social

Wednesday: Divine Liturgy: Every Wednesday at 9:30 am. Taste of Salem Social

2pm, Wii Bowling and Game fun

Thursday: Coffee Social 2:30pm, Game Night 6pm

Friday: Drama Club Skit "Going to Bat for Grimelda" 1:15pm, Wine Social

2:30pm and Music with Saxophonist Clyde Wheately

Anyone is welcome to stop by and take part in our activities, including Liturgy every Wednesday. If you have any questions or plan to stop by for an activity, please contact Isabelle Bouchard, at 508-852-1000.



# Early Detection is Key: Understanding Breast Cancer

Breast cancer is a prevalent health concern affecting millions of women worldwide. Approximately one in eight women will develop breast cancer during their lifetime. While the disease can be serious, early detection and treatment significantly improve the chances of a positive outcome.

### October: Breast Cancer Awareness Month

Each October, we come together to raise awareness about breast cancer. Wearing pink, donating to relevant organizations, supporting loved ones battling the disease, and participating in community events like walks are all meaningful ways to show solidarity.

### **Knowledge is Power**

The most impactful action you can take is to educate yourself about breast cancer. Understanding the warning signs and knowing when to schedule screenings can be lifesaving. While the risk of breast cancer increases with age, younger women can also be affected.

### **Risk Factors and Prevention**

Family history and lifestyle choices can influence your risk of developing breast cancer. Maintaining a healthy lifestyle, including regular exercise, a balanced diet, and limiting alcohol consumption, can help reduce your risk.

# Self-Examination and Regular Screenings

Familiarizing yourself with your body's "normal" state and conducting regular self-exams is crucial. Following your doctor's recommendations for screenings, such as mammograms, is essential for early detection.

Remember, early detection is key in the fight against breast cancer. By staying informed and taking proactive steps, you can empower yourself and contribute to a healthier future for all.

# GOD BLESS YOU LITLE ANGEL MADISON ALEXANDRA





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Sunday Services: Matins at 9:00 am and Divine Liturgy at 10:00 am