



Saint Nicholas Romanian Orthodox Church Shrewsbury Massachusetts
Biserica Ortodoxă Română Sfântul Nicolae Shrewsbury Massachusetts

34 Gold Street, Shrewsbury, MA, 01545
Parish Priest Vasile Aileni

<http://www.stnicholaschurch.org/> | tell (508) 320 0645



WEEKLY BULLETIN
Sunday November 3, 2024



This Week's News

LUNCHEON –THE NATIVITY FAST begins NO EMBER 10. We take this opportunity to have a luncheon together as a church family on Sunday, November 10 after Liturgy. We will be happy to have you! We will have pasta with meatballs and stuffed cabbage leaves, salad and rolls and for dessert, cannoli. Adults \$20, children meals are \$5.

BAKE SALE AND HOLIDAY CRAFT MARKET – NOVEMBER 23rd - We will have pies, scones, sweet bread, biscuits, pitas, everything to get you ready for Thanksgiving and Christmas. There will also be vendors with different things to sell, raffle baskets and if you are hungry, you can get a slice of spanakopita, a bowl of bean soup or chicken noodle soup. You can also take them to go.
 Please see flyers below.

ORTHODOX FOOD CENTER - Saturday, November 2 from 9 am until 12 noon is our parish's responsibility to staff the Orthodox Food Center. (*Our commitment is the first Saturday of every month*) We really need people to commit themselves to this ministry of our Church. For more information, contact Katina Cocavessis (508 277-1063) kcocavessis@gmail.com.

Please read the message from Katina below! Thank you!

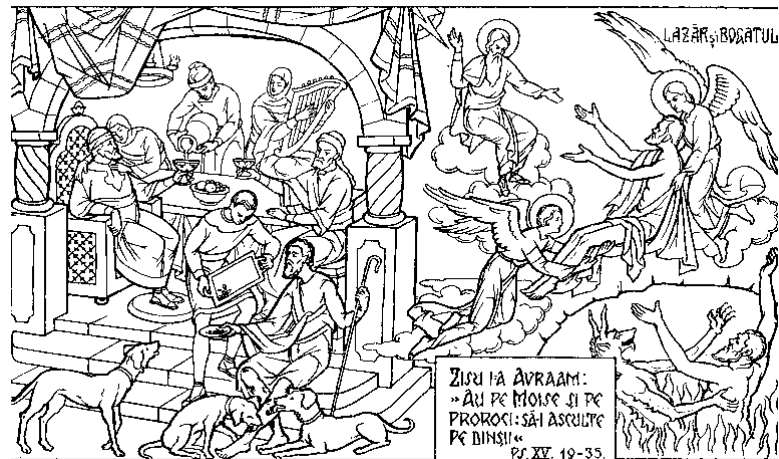
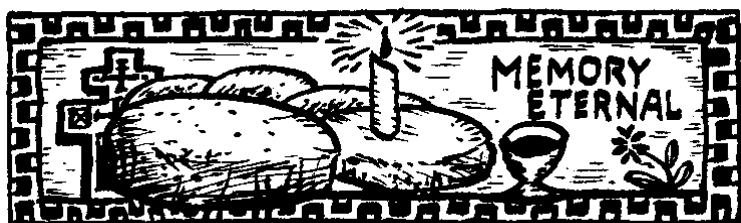
MEMORY ETERNAL – Last Sunday, Oct. 27 we had the 40 day memorial service for Lisa Demake. George and James Demake, Lisa's brothers and the rest of the family sponsored the coffee hour in beloved Lisa's memory.

SATURDAY OF THE SOULS: On Saturday, Nov 2, memorial service for all those who have fallen asleep in the Lord:

You can send the names to Fr. Vasile email:

fr.vasileaileni@gmail.com

9:00 Akatist; 10:00 Divine Liturgy; 11:00 Memorial Service.



The Twenty-Second Sunday after Pentecost

Apostolic Reading: Galatians 6:11-18

Gospel: Luke 16:19-31

(The Rich Man and Lazarus)

Tone 2 † Resurrection Gospel 8

RESURRECTIONAL APOLYTIKION

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hades with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

THE APOLYTIKION OF THE PROTECTION

Today the Virgin stands in the midst of the Church, and with choirs of Saints she invisibly prays to God for us. Angels and Bishops venerate Her, Apostles and prophets rejoice together, since for our sake she prays to the Eternal God!

ORDINARY KONTAKION

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.





"The Lord accepted to take upon Himself the image of every poor man and to unite Himself with each one, so that each one, seeing his brother as God, would receive him and count him as the One and give his possessions in vain to his ministry, even as Christ shed His blood for our salvation."

Saint Simeon the New Theologian 949 - 1022

**Happy Birthday! God Grant
You Many More Years!**

- Nov 4** - Nadine Kamilla Shaheen
- Nov 4** - Jacob Datz
- Nov 8** - Gabriela Hortopan
- Nov 13** - Emily Sassine
- Nov 13** - Stephen Ellis
- Nov 20** - Adriana Nica-Buda
- Nov 24** - Cristian Ionete
- Nov 27** - Jusina - Rozi Addum

**Let us Pray for the good
health of:**

Elizabeth, Rooney, Ekaterina, Psa Ileana, Psa Camelia, Anca, John, Luiza, Margareta, Marius-Nicolae, Viorica, Loredana-Anca, Teodora, Joanne, Deborah-Ann, Fr. Stefan and his son Andrei, Elena, for their helath and for their salvation!
Amin!

Dates to remember:

- November 2** - Staff Food Pantry, 9 am to 12 pm
- November 8** - (†) Synaxis of the Archangel Michael & Gabriel and all the other Bodiless Powers
- November 9** - St. Nektarios the Wonderworker, Bishop of Pentapolis
- November 10** - Luncheon at St. Nicholas
- November 15** - Nativity Fast Begins
- November 30** - St. Andrew the First- Called Apostle

A Prayer of Fr. Laurence

LET US PRAY TO THE LORD! Lord, you who know everything: The eyes of our minds and hearts are not so perceptive as we would like to think. Therefore, enable us to recognize the subtleties of meaning in the various situations of life, applying, where possible, the appropriate response to the questions and problems that confront us daily. And give us wisdom and prudence, so that we may always do what is right in a manner that pleases you. For yours is dominion, and yours is the kingdom and the power and the glory, Father, Son, and Holy Spirit: now and forever, and unto ages of ages. Amen.



LITURGICAL SCHEDULE

Day	Date	Time	Service Type
November			
Saturday	2-Nov	9:00	Akathist
		10:00	Divine Liturgy - Saturday of Souls -Memorial Service for all our loved departed ones.
Sunday	3-Nov	9:00	Matins
		10:00	Sunday 22 after Pentecost - "The Rich Man and Lazaros".
Friday	8-Nov	9:00	Matins
		10:00	(†) Synaxis of the Archangel Michael & Gabriel and all the other Bodiless Powers
Saturday	9-Nov	9:00	Akathist
		10:00	Divine Liturgy - St. Nektarios the Wonderworker, Bishop of Pentapolis. The relics of St. Nektarios will be presented for veneration in our church.
Sunday	10-Nov	9:00	Matins
		10:00	Sunday 25 after Pentecost - "The Parable of the Good Samaritan". Luncheon before THE NATIVITY FAST begins.
Friday	15-Nov		NATIVITY FAST BEGINS
Sunday	17-Nov	9:00	Matins
		10:00	Sunday 26 after Pentecost - "The Parable of the Rich Fool"
Thursday	21-Nov	8:00	Akathist
		9:00	(†) Divine Liturgy - The entry of the Mother of God into the Church.
Sunday	24-Nov	9:00	Matins
		10:00	Sunday 30 after Pentecost - "The Rich Ruler & Keeping the Commandments"
Saturday	30-Nov	9:00	Akathist
		10:00	†) Divine Liturgy - Holy and All-Praised Apostle Andrew the First-Called

ORTHODOX FOOD CENTER NEEDS YOU

We need their support to help with shopping at the Worcester County Food Bank food bank and to assist with our monthly food distribution on Saturday mornings. Together, we can make a significant impact on our community.

This is the schedule of support. We need to ensure we cover the week/weekend where St. Nicholas is responsible. Our parishioners should know that they can help any weekend they are available, all help is appreciated.

- 1st week of the month is St. Nicholas' responsibility (6 month schedule. **2024:** 11/2/2024, 12/7/2024, **2025:** 1/5/2025, 2/2/2025 3/2/2025 & 3/29/2025
- 2nd week is St. Spyridon
- 3rd week is St. George
- 4th week is St. Mary's
- The 5th week schedule is attached

The ask for St. Nicholas community is:

- 1) Volunteer the Saturday that St. Nicholas is responsible to bag and distribute food to those in need
- 2) Additionally, volunteer to shop at the Worcester County Food Bank (474 Boston Turnpike, Shrewsbury, MA) 1 time during the week leading up to our distribution weekend. Katina will accompany you with the shopping. You don't need to commit to both activities monthly.

What does shopping at the Worcester County Food bank require?

One a defined date and time, shop for the various food products available at the Worcester County food bank, pack the items into your car, and transport the groceries back to St. Spyridon's Food Pantry in Worcester. This is a warehouse facility and products we shop for are bundled in bulk, for example when we pick up a pasta, we get a box of pasta that may contain a dozen packages of pasta. If we pick up potatoes, it is bundled into a sack (50 lbs) that contains 10-5lb bags of potatoes. Likewise when we get a case of chicken, it is a case containing 8-10 frozen chickens. Shopping requires that you can lift these items multiple times.

What does Saturday support look like?

Food distribution to those in need is from 10 am to 12 noon time. However, we ask that you arrive by 8:30am to 9:00 am to help to set up tables and make and organize the backs of groceries, break down boxes and help with food distribution and then clean up and shut down.

Once I know who can help, I will send out an email monthly to check availability for Saturday bagging and distribution and I will provide the dates and times if able to assist with shopping. Parishioners interested in supporting this cause, please contact Katina Cocavessis at 508-277-1063

Regards,
Katina

CHURCH & FACILITY NEEDS

The list below contains **ongoing needs for the Church as well as special needs that may arise**. Any and every offering is most appreciated. If you have any questions, or would like to donate for or towards one of these items, please speak with [Fr. Vasile](#), any member of the Parish Council, or use the [online giving](#) site.

\$25 - Box of Three Kings Charcoal (100 pieces)

\$100 - Beeswax Candles for the Holy Altar

\$200 – Sacramental vine

\$100 – Olive oil for candles



Bake Sale and Holidays Crafts Market

**St Nicholas Church
34 Gold St Shrewsbury MA**

NOVEMBER 23RD, 10 AM - 4 PM

BAKE SALE:

PITA, SCONES, BREADS, BISCUITS, PIES

LUNCHEON:

**SPANAKOPITA \$5, BEAN SOUP \$3, CHICKEN
NOODLE SOUP \$3**

**Enjoy Christmas music, raffle
baskets, and vendors!**



Holiday Crafts Market

LOOKING FOR SELLERS, CRAFTERS, AND SMALL BUSINESS OWNERS

St Nicholas Orthodox Church

34 GOLD ST, SHREWSBURY, MA

NOVEMBER 23RD

10 AM - 4 PM

IF YOU HAVE QUESTIONS, CONTACT:

CRISTINAIUSCO@YAHOO.COM

781 308 2660

TO RENT A TABLE,
MAKE CHECKS FOR \$30
TO ST. NICHOLAS CHURCH



THE COUNCIL OF EASTERN ORTHODOX CHURCHES OF CENTRAL MASSACHUSETTS

INVITES YOU TO

Casting a Net

Making Disciples of All Nations

Saturday, November 2nd, 2024

Reception at 5:00pm, dinner and program
to follow ending at 8:00pm

St. Spyridon Greek Orthodox Cathedral

102 Russell Street, Worcester MA 01609



**With His Grace Bishop
Neofitos of Kenya and
OCMC Grants & Projects
Manager, Santhe Loizos**



Learn about OCMC's Kenya initiatives including Theological Education that is training new priests, self-sustainability projects that are empowering the Church through income generation, evangelism amongst people in new places, and our global Grants Program.



\$15 for Adults and \$10 for Students

Adult price increases to \$20 after 10/27. Register online or by scanning the QR code or visiting the link below. Donations are also welcomed if you cannot attend!

www.ocmc.org/WorcesterDinner

Call 508-873-9836 or email savvas@ourmanor.com for more info



Connect

YOUNG ADULT

DISCUSSION AND MEETING

NOVEMBER 10

6 TO 7:30 PM

Join us for appetizers and fellowship,
reflections and discussion,
and future planning for our Worcester Connect group

St. Spyridon Cathedral 102 Russell Street, Worcester

Social Media site: *Young Orthodox Adults of Worcester*
on Facebook



HOLY TRINITY NEWS

October 27, 2024

THIS WEEK AT HOLY TRINITY

Sunday: Movie Matinee 'Hocus Pocus' 2:30pm
Monday: 2nd Annual Country Western Chili Cook off!! Joey C Entertainment 1:30pm
Tuesday: Art Fun and Haunted Houses in Massachusetts, Fit USA 2pm, Wine Social 3pm
Wednesday: **Divine Liturgy:** Every Wednesday at 9:30 am. Harvest Parade with the Worcester Comprehensive Pre-School 10:30am
Thursday: Hollows Eve Social-Costume Parade and Voting 1:30p,
Friday: Library Cart and Craft Day

Anyone is welcome to stop by and take part in our activities, including Liturgy every Wednesday. If you have any questions or plan to stop by for an activity, please contact Isabelle Bouchard, at 508-852-1000.

STAY CONNECTED: Like our Facebook.

With the upcoming Holidays it can be a time of joy and connection for people with dementia and their families, but they can also be challenging. Here are some tips for making holidays more enjoyable for people with dementia and aging adults. |

Involve the person

Ask the person what they would like to do and include them in preparations. They might enjoy helping with food, wrapping gifts, or decorating.

- **Create a comfortable environment**

Choose a familiar place, and if meeting indoors, open windows and screen doors. If meeting online, use familiar technology and allow time for screen breaks.

- **Simplify traditions**

Focus on joyous moments and celebrations that are inclusive and participative. You can also try sensory-based activities that engage their senses, such as music, gentle textures, or familiar scents.

- **Consider the length of stay**

Shorter trips may be better for some people with dementia. Day trips can be a nice way to get away from home without having to stay the night.

- **Focus on the present**

Focus on what the person is still able to do and what they choose to do now, rather than dwelling on what they used to do.

- **Be patient**

Take on fewer tasks and let go of activities that seem overwhelming, stressful, or too risky.

- **Build on traditions**

You can build on traditions and memories, or experiment with new traditions that might be less stressful.

St. Nicholas Orthodox Church
34 Gold St | Shrewsbury, MA 01545-6238
508-845-0088 | e-mail: info@StNicholasChurch.org
www.StNicholasChurch.org

Sunday Services: Matins at 9:00 am and Divine Liturgy at 10:00 am